

# DESERT BREEZE

*American Association of University Women*

*Happy  
New  
Year*

## Values:

- Equity for All
- Nonpartisan, Fact-based, Integrity, Inclusion and Intersectionality
- Education and Training, Economic security, Leadership, Governance and Stability

## ANNOUNCEMENTS



**JANUARY 16:**  
SATURDAY VIRTUAL MEETING  
AT 11:30 AM. DOOR PRIZES  
AWARDED. SEE LINK SENT VIA  
EMAIL.

**FEBRUARY 20:**  
SATURDAY VIRTUAL MEETING  
AT 11:30 AM. SPEAKER WILL BE  
FROM SAFE NEST.

### JANUARY 2:

HAPPY HOUR CHAT AT 3 PM. SEE EMAIL.  
GUESTS INVITED TO COME AND JOIN US:

Join Webex

[https://unlv.webex.com/webappng/sites/unlv/  
meeting/download/0288390af7fb4d43840b8  
762df64d139?  
siteurl=unlv&MTID=m11fd572f428adc78c369  
c54dab5b0ebe](https://unlv.webex.com/webappng/sites/unlv/meeting/download/0288390af7fb4d43840b8762df64d139?siteurl=unlv&MTID=m11fd572f428adc78c369c54dab5b0ebe)

(ID: 1207191528, password: M36hKuu\*)

Join by phone(US toll) +1 415-655-0001  
(access code: 1207191528)  
Join using SIP1207191528@unlv.webex.com

# PRESIDENT'S MESSAGE

by Marian Stanton

Wow, we made it! We have so many things to look forward to this year: new members, scholarship fundraisers, incredible newsletters, State conference, scholarship awards, our Bridge Marathon, Book clubs, and the possibility of having person to person meetings later in the year.

First, thank you all for being a part of AAUW, Las Vegas Branch. I decided to have a virtual after the new year "Happy Hour Chat" to get us in the mood for a great year. We can talk about New Year's Resolutions, ideas for Scholarship fundraisers, people who got engaged, new contests, etc. It will be at 3 PM on Saturday, January 2, 2021. See separate email for Link. Call or email us if you need help with signing on to our virtual meet-up's.

I came upon a website the other day where many people had bad experiences collecting their unemployment after being laid off because of COVID. A man was reminding us that everyone has value and many times they need encouragement and support to get through these tough times. Remember to help, it brings great joy. We currently have a member in this position and she needs help. I will bring her groceries. What will you do? Email me: mikistanto@aol.com. Find someone to help. We are in this together!



Next, I plan to have another contest.

Looking for simple and easy recipes for women on the go. How about a cookie recipe contest? Send your best cookie recipes to [andradejudge@gmail.com](mailto:andradejudge@gmail.com). We will decide on the winner at the March 20th meeting. We know they aren't good for our figures, but our friends and neighbors may love them. I will find a good prize!

I would like to know from our members what they want to hear at our Conference. We are now contacting speakers, so let me hear from you about which subject and speakers you'd love to see. I need to relay this info to our State Council. Email me. I will end with this: Do unto to others as you would have them do unto you. Sometimes receiving something you did not expect from another, is a great gift. And it is a great gift just to be able to give. It just might be a call or a card. Let's do our part and take care of each other, especially in this time of COVID. People need to know that we care.

Finally, please don't forget that we are always collecting donations for our Scholarship Fund.



**You cannot do a kindness too soon for you never know how soon it will be too late.**  
-Ralph Waldo Emerson

## FLIGHT 2021

Hello and welcome to Flight 2021 and the New Year. Please make sure that your Attitude and Blessings are secured and locked in an upright position. All self destructive devices shall be turned off at this time. All negativity, hurt and discouragement should be put away. Should we lose Altitude under pressure during the flight, reach up and pull down a Prayer. Prayers will be automatically be activated by Faith. Once your Faith is activated, you can assist other passengers. There will be NO BAGGAGE allowed on this flight. The Captain has cleared us for takeoff. Destination - Greatness, Love and Peace, Strength, Health and Wealth in 2021. Stay safe and blessed and enjoy the New Year.



### RECIPE CORNER

#### SPICE PUMPKIN COOKIES

1 BOX OF SPICE CAKE MIX.  
1 CAN 15 OZ. PUMPKIN PUREE  
1 CUP CHOCOLATE CHIPS

MIX THOROUGHLY. BAKE AT 350 DEGREES FOR APPROXIMATELY 17 MINUTES, MAY NEED A LITTLE MORE, CHECK THEM. MAKES ABOUT 22 COOKIES. SPRINKLE WITH POWDERED SUGAR IF STORING IN A CONTAINER. I ADDED CHOPPED NUTS AND ABOUT 3 TABLESPOONS OF SOFTENED BUTTER, AND MADE THEM SMALLER. THEY ARE VERY MOIST AND MELT IN YOUR MOUTH.

### UPCOMING SPEAKER

#### JANUARY 16 virtual meeting:

Casey Barber, a doctoral student at UNLV, will speak to us about assisting the Southern Nevada Health District with contact tracing for patients who have tested positive for COVID-19. Casey earned her bachelor's degree in Public Health from UNLV in 2017, and she is specializing in infectious diseases for her Ph.D.

## MEMBER BIO

Dr. Ga Geong "Jenny"  
Lee



Dr. Ga Geong Lee MD practices full spectrum primary care medicine, taking care of patients of all ages. She believes everyone should have access to affordable and quality health care, so she established her own practice where her patients can sign up for a Direct Primary Care membership and get easy unlimited access to all of the primary care that they need. Membership includes extended office visits, direct communication with the doctor by phone, text or video chat, physicals, ongoing preventative care, chronic disease management, sick visits/urgent care, health and lifestyle coaching. Dr. Lee enjoys practicing in the direct primary care model so she can spend time with patients and have the opportunity to help them live healthier and longer lives. She feels the direct primary care model restores the physician and patient relationship.

The Direct Primary Care (DPC) healthcare model removes the complex and costly billing system of our current insurance based health care. This allows the focus to shift from billing and finances to personalized health care with no hidden fees and gives price transparency, all for an affordable monthly membership. DPC is not health insurance, it is health care. Sunny Health, Dr. Lee's office, does not bill or accept insurance, Medicare or Medicaid. It does not cover catastrophic events like hospitalization, surgery, etc. Although to be a member you do not need insurance, she recommends obtaining at least a high deductible insurance plan for emergencies. DPC is a unique concept when compared to the standard traditional primary care model.

Dr. Lee's professional memberships are as follows: American Medical Association (AMA) American Academy of Family Physicians, American Academy of Family Physicians - Nevada Chapter, and American Board of Family Medicine. She joined AAUW Las Vegas Branch in November 2020. She is one of our newest members and a sponsor of our monthly newsletters.





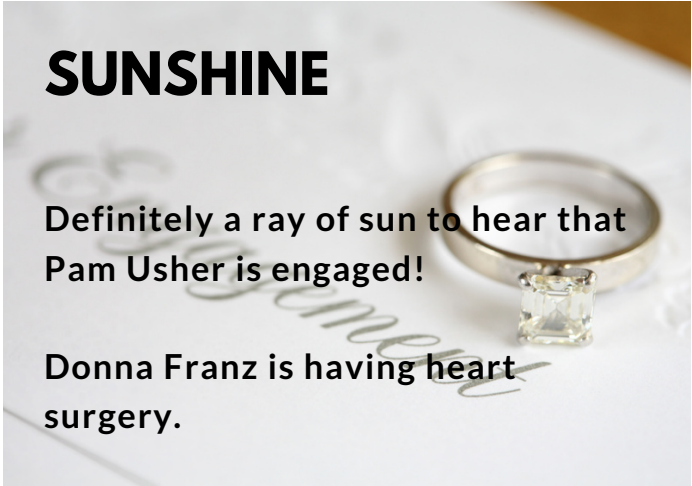
Happy  
Birthday

DECEMBER 8: BARBARA TALISMAN  
JANUARY 4: MARY GAFFORD  
JANUARY 5: BITA YEAGER  
JANUARY 10: SHIRLEY HOFFMAN  
JANUARY 25: SUSAN TAYLOR

## NEWSLETTER SPONSORS

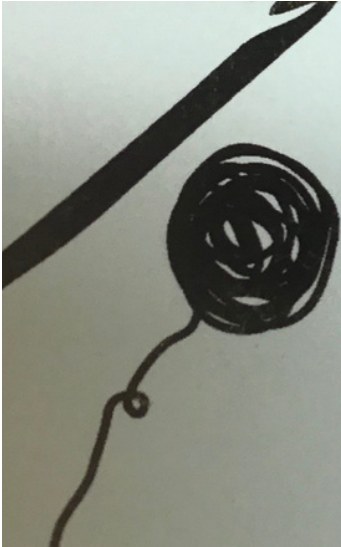
Members can sponsor for only \$10  
a fiscal year.

## SUNSHINE



Definitely a ray of sun to hear that  
Pam Usher is engaged!

Donna Franz is having heart  
surgery.




Crochet by Helene

Helene Winkler  
Creator

702-916-4663  
hipwinkler@yahoo.com

## New Year's Resolutions...

”  
Getting over a  
painful experience is  
much like crossing  
monkey bars. You  
have to let go at  
some point in order  
to move forward.  
-C.S. Lewis



Wishing you a happy  
and prosperous 2021!

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